

LONGSTREET CLINIC PROVIDES INNOVATIVE SERVICES TO PATIENTS

Some of the most innovative medical practices can be found right here in Northeast Georgia at Longstreet Clinic! Our team is dedicated providing the community access to the latest and most innovative care options, highlighted by recent advancements at our **Center for Weight Management** and **Neuroscience & Orthopedic Center**.



Robotic-Assisted Total Knee Replacements Now Available

Longstreet Clinic orthopedists have long been part of bringing the most advanced surgical techniques to the community, including minimally invasive procedures like total and partial knee replacements. Now, there is an additional option available for patients suffering from knee pain who need a new joint. Two Longstreet Clinic orthopedic surgeons are part of Northeast Georgia Medical Center's latest robotic offering – knee replacement surgery. **Chris Linberg, M.D.** (Braselton), and **David Woodbury, M.D.** (Gainesville), are now offering the procedure at two NGMC hospitals. Patients in need of knee replacement surgery should talk with their physician about options. Robotic-assisted knee replacement

surgery is beneficial to a wide range of patients, but particularly those who have had prior knee surgeries or injuries.

To learn more about orthopedic surgery offered by Longstreet Clinic physicians, scan here:



Endoscopic Sleeve Gastroplasty (ESG)

Longstreet Clinic is the first in the region to offer **Endoscopic Sleeve Gastroplasty (ESG)**, an FDA-approved non-surgical treatment for obesity. During an ESG procedure, surgeons use a specialized endoscopic device to stitch the stomach, shrinking the portion of a patient's stomach that accepts and digests food, ultimately leading to a significant reduction in caloric intake. Combined with a lasting commitment to a healthy lifestyle, ESG can be a kickstarter for substantial weight loss. Perhaps most impressive, the state-of-the-art procedure provides similar results to established bariatric surgeries – but in a quicker, less invasive fashion, with patients often returning to a normal routine after (continued on page 2)

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(continued from cover) a few days of at-home recovery. ESG is approved for patients who have previously undergone a gastric balloon procedure. Whether it's ESG or one of our other proven weight loss solutions, our team is ready to help you get started.

To schedule a consultation, or to learn more about ESG and our introductory rate, visit longstreetclinic.com/esg or call 770-534-0110.

Weight Management Initiative for Adolescents

The Center for Weight Management, in partnership with Northeast Georgia Health System, offers a variety of weight loss programs for adolescents. A growing problem, obesity prevalence is 22% among American teens which could lead to conditions such as high blood pressure, high cholesterol, type 2 diabetes, breathing problems and joint problems.

The new program offers a guiding hand for a wide range of weight loss options, including surgical weight loss provided by Longstreet Clinic. Comprehensive services include an experienced team with a pediatrician, bariatric surgeons, dietitians, a pediatric psychologist and athletic trainer.

Learn more at nghs.com/bariatrics/adolescent-weight-loss

NEUROSCIENCE & ORTHOPEDIC CENTER OPEN SATURDAYS

The Longstreet Clinic Neuroscience & Orthopedic Center is excited to announce we are now **open to walk-ins from 8:30 a.m. until noon each Saturday. No appointments are necessary.**

Staffed by our experienced specialists, our Saturday clinic offers patients of all ages a chance to avoid a trip to the emergency room in the event of non-life-threatening injuries to bones, joints or muscles.

To learn more about the Neuroscience & Orthopedic Center, [scan here:](#)



SAVE THE DATE
2024

BENEFITS ENROLLMENT

November 6th-November 19th

Join us for food, fun and prizes while learning more about employee benefits

November 7 & 14
Gainesville - LC Admin Collab Area

November 9
Braselton - LC Highpoint (2nd Floor)

Questions? **770-533-6579**

EMPLOYEES OF THE QUARTER



Congratulations to **Bridgette Mayo** (pictured left), our Employee of the Quarter for Q2, and **Krystal Haynes** (pictured right), our Employee of the Quarter for Q3. Bridgette joined the Longstreet Clinic family in 2014 and currently serves as our Urgent Care Clinical Supervisor. Krystal joined us in 2008 and currently works in our Cancer Center infusion suite. Thank you, Bridgette & Krystal, for your hard work and dedication to the Clinic and our patients!

To nominate someone for Employee of the Quarter, visit longstreetclinic.com/employees to download the form.

DR. GRUNCH WINS ‘DANCING FOR A CAUSE’



Neurosurgeon, mom, social media influencer... and now, dance star. Longstreet Clinic’s own Betsy Grunch, M.D., FACS, FAANS, can add another superlative to her resume after claiming the top prize at Dancing for a Cause on Aug. 26, 2023, in Gainesville.

Dr. Grunch utilized both her renown and determination to help raise \$92,667 for the event, which supports three nonprofits serving local families: Alliance for Literacy, Center Point, and Rape Response. And as one of 10 local celebrities to take part in the combination

fundraiser and dance competition, Dr. Grunch’s efforts helped in raising a total of \$345,000 for this year’s Dancing for a Cause – which saw her take home the coveted Mirror Ball trophy.

“It’s an honor to be part of something raising funds for women and children in our community,” said Dr. Grunch, a Hall County native. “I met a lot of great people along the way, and people reached out to me from all over. It was just a special experience. And, again, I want to thank everyone who joined me on this journey. It was humbling and uplifting.”

LONGSTREET CLINIC BREAST CENTER PROVIDES ADVANCED CARE DESIGNED FOR YOU

Breast health is important to every woman – and every woman’s breast health is unique. That is why our providers created the **Longstreet Clinic Breast Center** – a comprehensive program that combines the latest diagnostic techniques and expedited screening processes with a team of knowledgeable providers, all committed to providing personalized care and supporting your optimal breast health.

Our commitment to our patients revolves around providing an immediate and definitive pathway for care. We have streamlined every aspect of the patient experience with you in mind – to cater to your individual needs and provide customized breast care as quickly as possible. That means should initial diagnostics reveal a concern, the Breast Center ensures that the

patient receives further diagnostics and guidance from our team of experienced, specialized providers as soon as possible – even the same day.

ALL ABOUT YOU SHOP

Our comprehensive cancer services include the **All About You shop**, a place where you can get a wide variety of high-quality specialty products for those with special health-related needs. To schedule your private consultation or inquire further about products and services available at All About You, please call 770-297-5633.



WELCOME NEW PHYSICIANS

Longstreet Clinic is pleased to welcome our newest pediatricians, **Caleb Botta, M.D.** and **Latrice Shaw, M.D.** who are now welcoming new patients. Dr. Botta completed his medical degree at the Medical College of Georgia and his pediatrics residency at Wright State University. Dr. Shaw earned her medical degree at the University of South Carolina Medical School and completed her Pediatrics residency training at Eastern Virginia Medical School/Children's Hospital of the King's Daughters. Please give them both a warm welcome!



CALEB BOTTA, M.D.
Gainesville



LATRICE SHAW, M.D.
Oakwood

AROUND THE CLINIC

LONGSTREET LOVES OUR COMMUNITY

and we're always so glad to reach out and get involved.

Harvest of Hope Celebration

We were proud to sponsor the annual Harvest of Hope celebration on Aug. 17. Presented annually by our friends at Glory, Hope & Life, this joyful event celebrates cancer survivors, caregivers and their families. Thank you to all who made it possible!



Pink Out for Breast Cancer Awareness

October was painted PINK to raise awareness about the importance of regular screenings. From community speaking engagements and demonstrations to health expos and even a Pink Out Day, we're spreading the word about how early detection saves lives.



Dragon Boat Festival

Longstreet Clinic once again sponsored and participated in the annual Lake Lanier Hong Kong Dragon Boat Festival on Sept. 11, Georgia's largest Hong Kong cultural event of the year.



Cresswind at Lake Lanier

Cresswind At Lake Lanier hosted members of our orthopedic team. Dr. David Woodbury, Shawn Moore, FNP-C, and Dr. Chris Linberg who presented a variety of topics, including the innovative robotic knee replacement now available at NGMC Gainesville and Braselton, as well as our new Neuroscience & Orthopedic walk-in hours on Saturdays.